











JOB TITLE: DEPARTMENT: REPORTS TO:

Lead Academy Sport Scientist

Academy

Head of Academy Performance & Assistant Academy

Manager

The Cledara Abbey Stadium, Training Ground LOCATION: SALARY:

£26000 (pro-rata) - Fixed-term until 31st May 2026

A minimum of 40 hours per week, including evening and weekends. Flexibility and availability outside of working hours.

ROLE SUMMARY

HOURS:

The postholder will be responsible for leading and coordinating the Sport Science provision for the Foundation Phase and Youth Development Phase, ensuring age-appropriate, evidence-based programming that aligns with the Club's playing philosophy and the EPPP framework.

In addition, the postholder will support the Professional Development Phase by supporting with pitch-based session planning, leading gym-based physical development sessions and managing player data collection, analysis, and reporting processes with the Head of Academy Performance & Assistant Academy Manager.

KEY JOB OUTCOMES

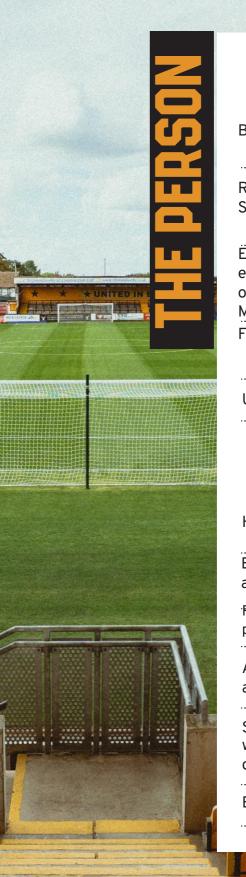
- Create, develop and implement the Sport Science programme for FP-YDP, providing first class physical development, testing and monitoring skills to provide them with the platform to progress through our Academy programme.
- Oversee the delivery of the pitch-based physical development framework for U9-U12s players and provide the Academy Sport Science Intern with the necessary support whilst delivering these sessions.
- Lead on the delivery of pitch-and-gym-based physical development sessions for U13s-U16s, including Elite Development Group and Emerging Talent Group.
- Monitor Wellbeing and load monitoring insights for YDP and make key decisions on training load and match exposure.



- Collect and report FP-YDP physical testing, growth and maturation and load monitoring data, in line with EPPP requirements.
- Ensure all data insights are uploaded to KitmanLabs as our centralised store for the MDT to view data, and to build a longitudinal picture of the players in our programme.
- Provide matchday support for YDP, delivering pre-match warm up, post-match conditioning and recovery as required.
- Develop the Bio-Banding Programme across the FP-YDP, organising training and fixtures both internal and external and gathering feedback on the process to inform future projects.
- Play a key role in the transition from YDP to PDP.
- Design and deliver gym-based Prehab & S&C sessions for PDP players aimed at hitting individual development targets highlighted in testing and IDPs.
- Contribute to retain and release meetings, providing objective data insights to player's individual journey's, highlighting high potential players and making a case for late developers to keep them in the programme.
- Contribute to the CPD programme in the Academy, by attending CPD opportunities to enhance Sport Science provision, and deliver educational content to upskill and develop knowledge of Sport Science, S&C and Nutrition for our players, parents and coaches.
- Cross-collaborate with all departments (Performance, Coaching, Education, Player Care, Recruitment, Operations) in the Academy to support the holistic development of our Academy players and to optimise the programme.
- To attend meetings as required and undertake additional duties are required by the Academy Manager and Head of Academy Performance & Assistant Academy Manager.

This job description sets out the key outcomes required. It does not specify in detail the activities required to achieve these outcomes. As a term of your employment, you may reasonably be expected to perform duties of a similar or related nature to those outlined in the job description.





SKILLS, KNOWLEDGE, QUALIFICATIONS ME EXPERIENCE

BSc in Sport Science or related degree	YES	DESIRABLE
Recent and in-date Enhanced DBS, FA Safeguarding Children & EFAiF Certificates	YES	
Experiences working in an elite sport environment with young athletes. Knowledge of LTAD, football periodisation, Growth & Maturation	YES	
Full UK Driving License		YES
UKSCA, BASES or NSCA Accreditation		YES

PERSONAL QUALITIES/ATTRIBUTES

Handwarking hansak O hansakla	REQUIRED	DESIRABLE
Hardworking, honest & humble	YES	
Excellent organisational skills and attention to detail	YES	
Resilient, adaptable and able to thrive in a high- pressure environment	YES	
Ability to work independently and as part of a team. Willing to go above and beyond.	YES	
Strong interpersonal skills, with the ability to prioritise tasks, meet deadlines and manage a varied workload	YES	
Excellent team player and motivator	YES	



