



Job Description

Job Title	First Team Therapist
Department	Football
Reports to	Head of Medical
Location	Cambridge United Training Ground & Cledara Abbey Stadium
Salary	Starting salary £27,000 to £30,000
Hours	40 hours per week, including match days and evenings. Flexibility & availability outside of working hours required.
Role Summary	<p>The First Team therapist will be either a registered Physiotherapist, Sports Therapist or Graduate Sports Rehabilitator, who, under supervision of the Head of Medical, will undertake clinical and administrative duties of the medical department at Cambridge United Football Club.</p> <p>The post holder will provide assessment, diagnosis and management to First Team players to maximise the squad training and matchday availability in League One.</p> <p>The post holder will directly liaise with the Head of Medical, Head of Performance, Sport Scientists, Analysts and First Team Coaches where appropriate.</p>
Key Job Outcomes	<ul style="list-style-type: none">• To work with the Sport Science and Medical Team to deliver a multidisciplinary approach to player and team development• To provide and assist in the assessment, treatment and rehabilitation of all first team players• To assist and lead in the planning and delivery of gym-based and pitch-based rehabilitation sessions• To assist in the creation and delivery of advanced rehabilitation programmes centred on player specific performance demands• Deliver a robust process of objective measuring to inform the return to play process from injury• Assist in the provision and delivery of player individual physical development and injury risk reduction programmes• Provide and assist in the matchday emergency aid cover to the First Team alongside the Head of Medical and club Doctor• Provide continuous communication of squad availability to the First Team Head of Medical as required• Maintain accurate and professional documentation in line with Chartered Standards• Maintain active professional development portfolio• To adhere to a strict code of confidentiality in respect of any information relating to Cambridge United Football Club and its operation• To act in a manner that always supports the Club's Vision and Values

This job description sets out the key outcomes required. It does not specify in detail the activities required to achieve these outcomes. As a term of your employment, you may reasonably be expected to perform duties of a similar or related nature to those outlined in the job description.



Person Specification

Skills, Knowledge, Qualifications & Experience	Required	Desirable
Degree in Physiotherapy, Sports Therapy or Sports Rehabilitation (BSc or MSc)	✓	
HCPC, SST or GSR Accreditation	✓	
Experience of working with athletes in full-time professional sport	✓	
Experienced in gym-based and pitch-based rehabilitation	✓	
In-date FA ATMMiF or ITMMiF certificate or accepted equivalent	✓	
Strong communication skills	✓	
IT Skills to include the ability to use Microsoft Office	✓	
Strong organizational and administrative skills		✓
Accurate timekeeping skills	✓	
Degree in Physiotherapy, Sports Therapy or Sports Rehabilitation (BSc or MSc)	✓	
Personal Qualities/Attributes		
Take responsibility for ensuring a high quality of work	✓	
A genuine team player who will support and motivate other members of the team	✓	
An adaptive individual who can cope well in high pressure situations	✓	
Work effectively in a fast-paced environment and remains calm under pressure	✓	
Be flexible with your working hours to meet the demands of the role, attending all First Team home fixtures, as well as First Team away fixtures as required	✓	
Take responsibility for ensuring a high quality of work	✓	
A genuine team player who will support and motivate other members of the team	✓	
Hardworking and enthusiastic, with a positive can do attitude	✓	
Loyal and Committed	✓	
Seeks to learn and develop daily	✓	



Application Process

Application Instructions	Interested applicants should apply by submitting their application form, CV and Cover Letter, applications which do not include all documents will not be reviewed.
Application Closing Date	Friday 18 th October 2024
Interview Date(s)	Tuesday 29 th October
Start Date	December 2024
Mission, Vision & Values	<p>Mission Cambridge United aspires to compete at the highest level of the English Football League, whilst operating a financially sustainable football club embedded within the heart of its community. We are custodians with a collective responsibility to protect and enhance the Club for future generations.</p> <p>Vision <i>Creating Memories</i> We engage current and future generations of supporters by creating memorable moments.</p> <p><i>Driving Standards & Performance</i> We will evolve by driving standards and performance through self-reflection and education.</p> <p><i>Enhancing Lives</i> We are an inclusive Club that is United in Endeavour to enhance lives through the power of sport.</p> <p>Values We engage positive and inspiring characters who are committed to serving and strengthening our community, by adopting our 3 keys values.</p> <p><i>Teamwork</i> We achieve more through working together than alone and are United in Endeavour.</p> <p><i>Hard Work</i> We are committed to learning and working towards our pursuit of excellence in everything we do.</p> <p><i>Humility</i> We will celebrate each other's successes and recognise that no individual is greater than the collective.</p>
Employability Statement	Cambridge United FC is committed to promoting equality of opportunity for all staff. We aim to create a supportive and inclusive working environment in which all individuals can make best use of their skills, free from discrimination or harassment, and in which all decisions are based on merit.
Safeguarding Statement	Cambridge United FC is committed to safeguarding and promoting the welfare of children and young people and expects all staff to share this commitment. For those positions where a criminal record check (DBS) is identified as necessary, this will be carried out in line with other safer recruitment checks. The post holder will be required to undergo Safeguarding training periodically.



**Equality,
Diversity &
Inclusion**

Cambridge United FC is committed to promoting equality of opportunity for all staff and job applicants. We aim to create a supportive and inclusive working environment in which all individuals can make best use of their skills, free from discrimination or harassment, and in which all decisions are based on merit. We do not discriminate on the basis of age, race, nationality, ethnic origin, religious or political belief or affiliation, trade union membership, gender, gender reassignment, gender identity, marriage and civil partnership status, pregnancy and maternity, sexual orientation, disability, socio-economic background or any other inappropriate distinction or characteristic covered by the Equality Act 2010.

<https://forms.office.com/e/WkrhMHMzL>